



# R.O.A.R

- **R**espect
- **O**ptimism
- **A**cceptance
- **R**ejoice



### ***LONG LIVE the Panther...***

The ***Panther*** is one of the ancient, significant and celebrated symbols of Sacred Heart School. It is the ‘mascot’ of our Sacred Heart School family for sporting events, community events and ‘Panther pride’ that reflects the mighty school culture and pride that encapsulates our school community. Panther PRIDE is common language around a long standing symbol which represents Sacred Heart School in logo form and in the language of respect, optimism, acceptance, rejoice.

As a Panther Family, students and staff learn to pray hard, work hard, grow and learn together as a community of believers network in our educational environment. Families are important. The Panther Family is where many of our people pray, grow, learn and develop values around how to become part of something beyond what is the norm in everyday life.

### ***Where to find our Panthers Symbol?***

The Panther symbol is represented on our school t-Shirts, scarves, hats, toques, staff sweatshirts and logo in our gymnasium as reminders that we strive to be R.O.A.R. role models for ourselves, for others and in the community. The Panther herself lives with her cub above our trophy cabinet awaiting the next competition in the community. Panther gear can be bought at our school office.

### ***Panthers ROAR: What is R.O.A.R.?***

R.O.A.R. is an organic, social emotional educational program that helps provide a set of *values* that are embodied in the social, emotional, physical and intellectual conduct that is important to the school culture of Sacred Heart School. In 2014, Ms. Jenna Johnston, teacher leader at Sacred Heart School, developed the ROAR initiative in her thesis for her Masters studies at UNBC. Ms Johnston guided the process of the creation of the ROAR program with school students and families, bringing the program into birth.

**R.O.A.R** is an acronym for ***Respect, Optimism, Acceptance and Rejoice***. These values are student inspired, family created and school adopted to encompass the importance of creating a

'grass roots' culture that all of the school community members can share and exemplify. This program is by its nature a living, breathing, growing attitude that is shared and lived out on a daily basis in the way we treat each other and celebrate one another at Sacred Heart School and in the community at large. The program lives on in new initiatives provided by staff, students and parent conversations each year that contribute to the growth and ongoing development of the ROAR initiative.

### ***R.O.A.R Acronym: What does it feel like? Sound like? Look Like?***

Using “**I**” language helps me to be accountable and claim responsibility for my thoughts, words and actions.

#### **Respect: “I CARE for myself, for others and our world.”**

- I feel important to my teachers and my classmates.
- I listen and pay attention when others are speaking.
- I say “Good morning”, “Please”, and “Thank you”.
- I treat others as I would like to be treated.

#### **Optimism: “I live with a heart FULL of Gratitude”**

- I feel happy to be at school.
- I smile at my teachers and get along with my classmates.
- When my team loses I say, “Good game!” to the other team.
- I show pride in who I am as a Child of God.

#### **Acceptance: “All people are made in the image of Jesus: I include everyone”**

- I feel included in activities at school.
- I invite others to play with me and I make new friends.
- I follow school rules and school code of conduct.
- When an adult asks me to do something I say, “Yes!”

#### **Rejoice: “I celebrate the gifts and talents of others and give thanks for God’s abundant blessings upon me”**

- I feel excited for others when something great happens to them.

- I high-five my classmates when they do well on an assignment.
- I celebrate my own successes and share my talents.
- I give THANKS to God for the gifts with which I have been blessed.

*Our R.O.A.R Chart* displaying our acronym is seen in classrooms and throughout our school buildings as a reminder of the important values we try to live each day.



**RESPECT**

I feel important to my teachers and my classmates. I listen and pay attention when others are speaking. I say "Good morning", "Please", and "Thank you". I treat others as I would like to be treated.



**OPTIMISM**

I feel happy to be at school. I smile at my teachers and get along with my classmates. When my team loses I say, "Good game!" to the other team. I show pride in who I am as a Child of God.



**ACCEPTANCE**

I feel included in activities at school. I invite others to play with me and I make new friends. I follow school rules. When an adult asks me to do something I say, "Yes!"



**REJOICE**

I feel excited for others when something great happens to them. I high-five my classmates when they do well on an assignment. I celebrate my own successes and share my talents.

*The ROAR Ticket comes to life:*

**ROAR TICKET**



Name: \_\_\_\_\_

Grade: \_\_\_\_\_

Teacher/or ROAR Leader

Signature: \_\_\_\_\_

**ROAR TICKETS:** are a way students are recognized and acknowledged for showing ROAR values in the classroom, school, playground and community. ROAR tickets are given *peer to peer or staff to student*. At assemblies ROAR tickets are pulled from a community holding box and movie tickets/sports equipment or favoured items are given out each month by the principal to provide incentive to continue the living out of these values.

**ROAR Leadership:** Students have an opportunity to share their talent and skills and develop confidence in taking part in the ROAR leadership program. In this initiative students have the opportunity to share in the social responsibility of enhancing the school community by teaming with a Staff member and leading an extra-curricular activity. Students are able to grow in their leadership abilities and be guided by staff members so they can be the best they can be. ROAR leadership members are both student initiated and staff appointed.

ROAR leadership activities include a variety of growing opportunities like:

- Hockey Intramurals
- Lego Club
- Dodge ball
- Art Club
- Hot Lunch Helpers
- St. Vincent de Paul Dinner Setup Helpers
- Playground Duty Monitors
- Bus Duty Monitors
- Community Outreach
- Student Committees
- Mentoring Peers and Buddies

Students that want to participate in the ROAR Leadership initiative proudly wear their **White** ROAR Toques that display the logo of Panther Pride. ROAR toques unlike other clothing items

are NOT for sale. White ROAR toques are presented when a student decides to take on a ROAR intramural. Leaders who take on these roles are provided with staff input, mentorship or support for their best self to shine forward.

### **ROAR Awards**

*As a Panther Family*, we believe in celebrating one another collectively and personally when it comes to achievements. Celebration and congratulations is an important part of families' interactions and growth. We take celebrations seriously at Sacred Heart. At the end of each year awards are given to each student for outstanding traits that they exhibited throughout the year. Classroom teachers decide and deliver these awards on the last day of school. Awards may be for educational excellence, athletic ability, Christian virtues, emotional intelligence or other areas in which the student excelled throughout the year. The values of Respect, Optimism, Acceptance and Rejoice are also awards that are given out in each class to help recognize the school values in the classroom.

**Grade 7 students** who receive ROAR awards in their final year are given gift cards with their certificate. The most prestigious award for grade 7 student is presented to the student who exemplifies all four ROAR values of respect, optimism, acceptance, rejoice throughout the entire of their academic school year. This award is called the Principals Award. This award is presented by the Principal at the grade 7 awards celebration.

### **Sacred Heart School Behaviour Incident Report**

*We believe at Sacred Heart School* learning is optimum when the environment is safe, peaceful and life-giving. Part of learning is making mistakes. When it comes to behaviour, we foster what is in the best interest of the individual and the collective school family. Inappropriate behaviour has natural consequences and we believe we learn from these consequences. The following page is a sample of a behaviour sheet (*salmon in colour*) that documents harmful or inappropriate behaviour for record keeping.



Sacred Heart School  
**Behaviour Incident Report 2017-2018**

Student Name \_\_\_\_\_ M  F  Grade \_\_\_\_\_  
Class Teacher \_\_\_\_\_ Date \_\_\_\_\_ Time \_\_\_\_\_ Reported by \_\_\_\_\_  
Location: Class \_\_\_\_\_ Gym \_\_\_\_\_ Hallway \_\_\_\_\_ Washroom \_\_\_\_\_ Playground \_\_\_\_\_ Other \_\_\_\_\_

- INCIDENT**
- Fighting
  - Threatening
  - Disrespectful
  - Non-compliance
  - Snowballing
  - Swearing
  - Vandalism
  - Hands-On
  - Other

- RECONCILIATION**
- Problem solving discussion, forgiveness
  - Wall and Conversation
  - Recess/Lunch Time
  - Loss of Privilege: activity/fieldtrip
  - In-School restriction
  - Act of Service
  - Other \_\_\_\_\_

**Sacred Heart School Panthers R.O.A.R: Respect, Optimism, Acceptance, Rejoice**

Details of Incident: (Who, What, Where, When, Why, Witness) \_\_\_\_\_  
\_\_\_\_\_

**Checklist of Previous In-Class Strategies already implemented:**

- Reminder of expectations
- Written warning from Class Teacher
- One to one discussion with Class Teacher
- Note in planner: date \_\_\_\_\_
- Phone call home: date \_\_\_\_\_
- Meeting with Parent: date \_\_\_\_\_
- Sent to partner class: whose? \_\_\_\_\_
- Removed for reset time: how long \_\_\_\_\_
- School Based Team Meeting  
Principal, Teacher, LA support, EA.
- Other \_\_\_\_\_

**Additional Important Information:**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Signature: \_\_\_\_\_

**FOLLOW UP conversations with:**  
 Parent  EA  Teacher  Principal

**Principal's Box**

- In School suspension
- Home suspension



The **ROAR program** at Sacred Heart School continues its growth and expansion each year. New ideas, varied opportunities and creative input are welcome. In order to continue to foster and build our school culture and enhance our Panther Pride. As staff, students, parents and parish community your input and feedback are wanted and welcomed. Each year we strive to establish one more layer and depth to our Panther Pride ROAR program instilling values that last a lifetime.

