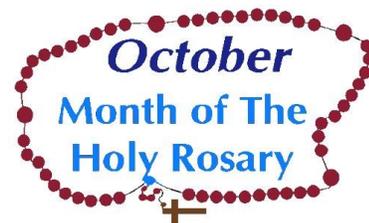




## October 2025 Newsletter

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*Catholic Schools - "Living, Celebrating, and Proclaiming Our Faith"*

### Principal's Message:

As we move into October, our school community reflects on the significance of the **National Day of Truth and Reconciliation** held on **September 30th**. This day invites us to pause, remember, and honour the children who never returned home from residential schools, and to stand alongside Survivors, their families, and their communities. At our school, we remain deeply committed to the ongoing journey of reconciliation, walking together in faith, truth, and healing.

To continue building our understanding and actions, our teachers will participate in a **special Indigenous Day of Learning on October 10th**. Please note that **October 10th is a Non-Instructional Day**, and there will be no classes for students on this date. This professional development opportunity will strengthen our ability to weave reconciliation into our daily teaching and living as a Catholic community.

This month, we also focus on **Catholic Social Teaching**, with the theme of **Economic Justice**. We are called to reflect on how we can live in ways that promote fairness, dignity, and compassion for all, particularly for those most in need. Together with our students, staff, and families, we hope to continue nurturing a community where Christ's love is visible through justice, reconciliation, and care for one another.

**Mrs. Kyra Sienaert**  
Principal



### October Issue #2

#### Month At A Glance

- October 1**  
~Cross Country Meet at IC
- October 2**  
~School Mass @ 9:00
- October 3**  
~Pet Blessing @ 2:30
- October 5**  
~Knights Of Columbus  
Pancake Breakfast  
After 9 & 11:00am Masses
- October 8**  
~Individual Photos
- October 9**  
~Terry Fox Walk
- October 10**  
~**Non-Instructional Day**
- October 13**  
\*Happy Thanksgiving!  
**School Closed**
- October 14**  
~PSG Meeting @ 6:30
- October 22**  
~Individual Photo **RETAKE**S
- October 23 (Afternoon)**  
~Parent/Teacher Interviews  
(As scheduled)
- October 24**  
~**Non-Instructional Day**  
~Parent/Teacher Interviews  
(As scheduled)
- October 26**  
~School/Parish/Mass @ 11:00
- October 27**  
~Council Meeting @ 6:00  
~AGM Meeting @ 7:00



Please remember to read the monthly calendar attached to the newsletters carefully!  
This is the most up to date information of activities planned at school.



#### **TUITION AND SUPPLY FEE PAYMENTS**

September tuition and supply fees have been processed and applied to your account—Thank you! Statements will be sent out quarterly for information and review. Please do contact Mrs. McDermid with any questions or concerns.

#### **SACRED HEART SCHOOL DRESS CODE**

Please be reminded that approved uniform pieces must be worn to school daily. Students will be advised of special days when non-uniform clothing is allowed; jeans are not permitted. A complete overview of approved items is [HERE](#).

#### **STUDENT INDIVIDUAL PHOTOS**

Student individual photos will be taken on **October 8th** by WD West Studios.

The Online Gallery will be available for viewing and ordering within 3 to 5 business days from Photo Day. A link to the gallery can be found at their website [www.wdwestphoto.com](http://www.wdwestphoto.com) under our school's menu tab.

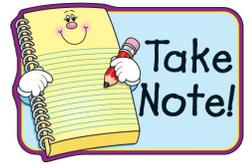


It is with great pride that we acknowledge our work on the unceded, ancestral lands of the Lheidli T'enneh First Nations. We understand that this land was very important for Indigenous people who lived on it before us; that this land is still important for Indigenous people today. We are grateful that it is on this land that we support and work for our students.

**R O A R—Respect, Optimism, Acceptance, Rejoice**

## **ABSENTEE NOTES**

If your child is going to be absent from school, it is imperative that you excuse the absence **IN WRITING** with the office; this is crucial to the funding we receive through the Ministry of Education. Please remember to **email** the school before 8:30am when your child is going to be absent or late—otherwise we will be phoning contact numbers on file to ensure their safety. **An email sent to [sacredheart@cispg.ca](mailto:sacredheart@cispg.ca) will cover both the phone call and note!**



## **ELECTRONICS**



Electronics are not allowed on school property. (e.g.: iPods, DSI games, etc.). If a phone or other device is brought to school for after-school safety, it is your child's responsibility to hand it into the classroom teacher. Electronics that are not turned in will be taken away and will have to be collected from the classroom teacher. As well, we ask that no toys (stuffedies, Lego, action figures, trading cards or the like) be allowed to leave the safety of your home. Lost or broken items are difficult for everyone; special treasures need to be left at home (Exception for Kinders' Show & Tell on Fridays). Thank you for your understanding.

## **HOMEWORK DURING ABSENCES**

If your child(ren) will be missing school for more than one day, missed work will be prepared for pickup 24 hours after the initial advice of absence is received. This will allow teachers time to properly prepare materials for pickup.



## **TERRY FOX**



Sacred Heart School staff and students are proud to continue to support the Terry Fox Foundation through our annual Terry Fox School Walk. This year our fundraising goal is \$1,000.00. Please donate **online** today via the Terry Fox website: <https://schools.terryfox.ca/SacredHeartSchool> *Together, we can make a difference.* **#NOMATTERWHAT #terryfoxschoolrun @terryfoxfoundation**

## **Parent Support Group News**

Panther Lunch Program orders are to be made online using MunchaLunch at <https://munchalunch.com/schools/sacredheartPG>. . Email questions to: [shschoolnlunch@gmail.com](mailto:shschoolnlunch@gmail.com).

All orders must be made on the MunchaLunch app; paper copies will not be accepted.

### **PANTHER Lunch Menu for October:**

**Pizza:** Monday— October 6, 20, 27

**PSG Lunch:** October 1, 3, 15, 17, 29, 31

**School Sponsored Lunch:** October 2, 8, 14, 22, 23, 28, 30

**Booster Juice:** Tuesday—October 7 & Thursday—October 21 **Please remember to send recess snacks!**

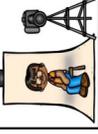


### **PARENT SUPPORT GROUP MEETING**

**We need parent volunteers to make up our 2025-2026 school year PSG committee.** Parent Support Group is responsible for a variety of activities, events and celebrations in our school community. Meetings take place once a month and your involvement will determine whether activities are possible as events are volunteer dependent.

Thank you in advance for your consideration. **Next Zoom Meeting Date is Tuesday, October 14 at 6:30pm.**

**Come and support our school community!**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Catholic Social Teaching: Economic Justice	Allergy Aware School 		1 FORTUNE PALACE RESTAURANT 福滿樓 ~X-Country Meet @ IC	2 ~Mass @ 9:00 ~Pasta Lunch 	3  ~Pet Blessing @ 2:30	4
5 K of C Pancake Breakfast After 9 & 11:00 Masses	6  ~Pizza	7 Booster Juice 	8 SCHOOL PICTURE DAY  freshii	9 ~Terry Fox Walk ~PSG Bake Sale	10 Non-Instructional Day	11
12	13 NO SCHOOL Happy Canadian Thanksgiving 	14 SUBWAY ~PSG meeting @6:30	15 bar BURRITO fresh mexican grill	16  Get Ready To shakeOut	17 	18
19	20 ~Pizza 	21 Booster Juice 	22 PICTURE TAKE Day! ~Pasta Lunch 	23 freshii ~Parent/Teacher Interviews (Afternoon, as scheduled with classroom teacher)	24 ~Parent/Teacher Interviews (As scheduled) Non-Instructional Day	25
26 Sacred Heart Cathedral ~Parish Mass @ 11:00	27 ~Pizza ~School Council Meeting @ 6:00 ~AGM @ 7:00 	28 SUBWAY	29 NOODLEBOX	30 Pita Pit	31 HAPPY HALLOWEEN ~School Movie-COCO ~Pumpkin Carving Contest ~Classroom Decorating ~Costume Parade 	