



October 2026 Newsletter

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Catholic Schools - "Rooted In Faith"



Principal's Message:

Dear Sacred Heart Families,

October is the Month of the Rosary, and our monthly prayer is the **Hail Mary**. Throughout the month, students will have opportunities to learn about this prayer and reflect on Mary's example of faith and trust in God. I encourage you to pray a Hail Mary together at home, perhaps on the way to school or before bedtime.

I also need to share a serious reminder about safety around our school and church. **This is a school zone. Please keep your speed to 20 km/h and watch carefully for children crossing the street.** We have had far too many near misses already this year, and careless driving has put children at risk. Please slow down, stay alert, and allow extra time during drop-off and pick-up. Our little people are counting on every driver to take care.

Thank you for helping us keep Sacred Heart a safe and caring place for every child.

God bless,

Kyra Sienaert

October Issue #2

Month At A Glance

October 2

~School Mass @ 9:00
~Pet Blessing @ 2:30

October 6

~PSG Meeting @ 6:30

October 7

~Individual Photos

October 9

~Terry Fox Walk
~Toonie For Terry
~PSG Bake Sale

October 12

*Happy Thanksgiving!
School Closed

October 21

Individual Photo Retakes

October 22 (Afternoon)

~Parent/Teacher Interviews
(As scheduled)

October 23

~Non-Instructional Day
~Parent/Teacher Interviews
(As scheduled)

October 28

~Council Meeting @ 6:00
~AGM Meeting @ 7:00



Please remember to read the monthly calendar attached to the newsletters carefully!
This is the most up to date information of activities planned at school.



TUITION AND SUPPLY FEE PAYMENTS

September tuition and supply fees have been processed and applied to your account—Thank you! Statements will be sent out quarterly for information and review. Please do contact Mrs. McDermid with any questions or concerns.

SACRED HEART SCHOOL DRESS CODE

Please be reminded that approved uniform pieces must be worn to school daily. Students will be advised of special days when non-uniform clothing is allowed. A complete overview of approved items is [HERE](#).

STUDENT INDIVIDUAL PHOTOS

Student individual photos will be taken on **October 7th** by WD West Studios.
Students must wear approved uniform clothing only!



The Online Gallery will be available for viewing and ordering within 3 to 5 business days from Photo Day. A link to the gallery can be found at their website www.wdwestphoto.com under our school's menu tab.



It is with great pride that we acknowledge our work on the unceded, ancestral lands of the Lheidli T'enneh First Nations. We understand that this land was very important for Indigenous people who lived on it before us; that this land is still important for Indigenous people today. We are grateful that it is on this land that we support and work for our students.

R O A R—Respect, Optimism, Acceptance, Rejoice

ABSENTEE NOTES

If your child is going to be absent from school, it is imperative that you excuse the absence IN WRITING with the office before 8:00am; this is crucial to the funding we receive through the Ministry of Education. An email sent to sacredheart@cispg.ca will cover both the phone call and note!



ELECTRONICS AND TOYS



Electronics are not allowed on school property. (e.g.: iPods, DSI games, etc.). If a phone or other device is brought to school for after-school safety, it is your child's responsibility to hand it into the classroom teacher. Electronics that are not turned in will be taken away and will have to be collected from the classroom teacher. As well, we ask that no toys (stuffedies, Lego, action figures, trading cards or the like) be allowed to leave the safety of your home. Lost or broken items are difficult for everyone; special treasures need to be left at home (Exception for Kinder's Show & Tell on Fridays, NEEDOH squishies and Fidgets). Thank you for your understanding.

HOMEWORK DURING ABSENCES



If your child(ren) will be missing school for more than one day, missed work will be prepared for pickup 24 hours after the initial advice of absence is received. This will allow teachers time to properly prepare materials for pickup.

TERRY FOX

Sacred Heart School staff and students are proud to continue to support the Terry Fox Foundation through our annual Terry Fox School Walk. Please donate online today via the Terry Fox website:

<https://schools.terryfox.ca/SacredHeartSchool>

TOONIES & JEANS FOR TERRY:

FRIDAY, October 9th—Bring a toonie to school to raise funds for cancer research and you can **wear jeans!**

HOMEMADE FROZEN COOKIE DOUGH SALE
Fundraiser for Sacred Heart Catholic Women's League
887 Patricia Boulevard
To order, please call: Rachelle at 250-991-0714 • Jessica 250-391-3467

You will love the convenience of this homemade frozen cookie dough – simply slice the frozen dough, place it on a baking sheet and bake – it's quick and easy! You can even re-freeze the unused portion! The simple baking instructions will also be attached. Each package contains 3 lbs. of delicious homemade cookie dough. The cookie dough can be refrigerated for 3 days, and frozen for 1 year. It can be thawed and re-frozen. Please see the ordering details below.

Made with REAL BUTTER – GREAT CHRISTMAS GIFT!

		COST	QTY	TOTAL
	Item 1: Chocolate Chip Cookies	\$21		\$
	Item 2: Ginger Snaps Rolling dough in sugar before baking is an option.	\$21		\$
	Item 3: Snicker Doughs Sweet cookie dough rolled in a spicy cinnamon mixture before baking makes this cookie a hit!	\$21		\$
	Item 4: Shortbread Cookies Buttery yet moist, melts in your mouth.	\$29		\$
	Item 5: Oatmeal Raisin Cookies Nutritious oatmeal together with juicy raisins for an old time classic.	\$29		\$
	Item 6: Peanut Butter Cookies	\$21		\$
	Item 7: Sugar Cookies A light and crispy cookie that bakes in perfection.	\$21		\$
	Item 8: Peppery 1 lb. Makes 2 crusts.	\$6		\$

Name: _____
Phone No.: _____

Prepayment by cheque, cash OR
EFT to sacredheartca@outlook.com
Pick up 1644 Pine Street
Any questions or to order, please call
Rachelle at 250-991-0714 Jessica at 250-391-3467

Cookie Dough
QTY: _____ \$ _____
Total Paid: _____

PLACE YOUR ORDER BY SUNDAY NOVEMBER 1st, 2026
ORDERS TO BE PICKED UP NOVEMBER 12th-15th, 2026

There is still time to order cookies!
A great Christmas gift!

Be ready with your best smile on Photo Day!



Sacred Heart Photo Day!

Wednesday October 7, 2026

WD West Studios is pleased to offer an online gallery for ordering school pictures.

- The Online Gallery will be available for viewing and ordering within 3 to 5 business days from Photo Day. A link to the gallery can be found at our website www.wdwestphoto.com under your school's menu tab.
- Your child's personal Online Ticket Code to log on to the gallery will be handed out on photo Day.
- Please check our website for your school's **FREE SHIPPING DEADLINE**.
- Orders placed after the free shipping deadline will have \$10 shipping applied to the order as all orders are sent from our associate lab in Edmonton.

Tips to keep in mind:

- By preparing in advance their school portrait will look great in their photos! Please remember that the student must be wearing approved uniform pieces in navy or white and don't forget to encourage them to smile!



Parent Support Group News

Panther Lunch Program orders are to be made online using MunchaLunch at

<https://munchalunch.com/schools/sacredheartPG>. Email questions to: shschoollunch@gmail.com.

PANTHER Lunch Menu for October:

Please refer to the calendar for the scheduled dates/times and lunch providers.

Remember to send recess snacks on Booster Juice Days!



PARENT SUPPORT GROUP MEETING

We need parent volunteers for our 2026-2027 school year PSG committee. Parent Support Group is responsible for a variety of activities, events and celebrations in our school community. Meetings take place once a month and your involvement will determine whether activities are possible as events are volunteer dependent.

Next Zoom Meeting Date is Tuesday, October 6 at 6:30pm. Come and support our school community!

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Catholic Social Teaching Economic Justice	 Allergy Aware School			1	2 ~Mass @ 9:00 ~Pet Blessing @ 2:30	3
4	5 ~Pizza 	6  ~PSG meeting @6:30	7  ~X-Country Meet @ IC 	8 	9 ~Terry Fox Walk ~Toonies For Terry ~PSG Bakesale 	10
11	12 NO SCHOOL 	13 	14 	15  	16 	17
18	19 ~Pizza 	20 	21  	22  ~Parent/Teacher Interviews (As scheduled with classroom teacher)	23 ~Parent/Teacher Interviews  PSG Hallowe'en Dance	24
25	26 ~Pizza 	27 	28  ~School Council Meeting @ 5:30 ~AGM @ 7:00	29 	30 ~PSG Sponsored Hallowe'en Events 	31 